

THE PENTLANDS MEDICAL CENTRE

## TRAVEL CLINIC INFORMATION

There is a standard charge of £30 for most travel work for patients 16yrs and over

This leaflet explains how our travel clinic works and the cost if you choose to use it.

The Pentlands Medical Centre provides a travel clinic for *uncomplicated* travel itineraries which is run by our trained Nurses.

**This is not an NHS service** - for short notice / multiple destination trips we may need to direct you to one of the centres below for more specialist advice:

**Travel Clinic, Western General Hospital**      **0131 537 2822**

**Edinburgh Travel Clinic**      **[www.edinburghtravelhealthclinic.co.uk](http://www.edinburghtravelhealthclinic.co.uk)**

**Further local options**      **[www.travelhealth.co.uk/travelclinics/](http://www.travelhealth.co.uk/travelclinics/)**

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**You must allow at least SIX WEEKS before your departure date for your travel vaccinations.** This will give us time to establish what protection you need and allow you to complete any recommended course of vaccination before you travel.

NHS regulations enable us to prescribe and administer certain vaccines free to NHS patients. Other travel related work, vaccinations, prescriptions or advice is charged for. This enables us to replace the Nurse time that is used for this work.

### **COST AND PAYMENT ( ALL FEES PAYABLE IN ADVANCE )**

The standard £30 fee covers the time required to review your travel itinerary, check your previous vaccinations / medical history and establish what the current recommendations are for travel to your destination. The fee also covers any private prescriptions and specific advice you may need. The Pharmacist will charge a separate fee for the vaccines or medication not provided on the NHS.

Immunisations such as Rabies, Hepatitis B or Japanese B encephalitis require three or more further Nurse appointments. **There is an ADDITIONAL fee of £10 per appointment for this.**

### **TRAVEL RISK ASSESSMENT FORM**

The first step is for you to complete a travel questionnaire and book a travel clinic appointment.

Once we know your destination and duration of stay our trained Nurses can then review your notes and find out what protection you need. This will then be discussed at your travel clinic appointment.

If you do not need any vaccinations or medications we will telephone you to advise you of this and we will then cancel your travel clinic appointment.

If we advise you to attend a specialist centre your travel clinic appointment will be cancelled and there will be no fee. However if you subsequently do require us to provide any private prescriptions or any Nurse appointments for non-NHS vaccines a fee will apply.

Recommended vaccinations vary according to the travel destination and the nature of your trip.

Most NHS vaccines are held in stock at the Practice. Other vaccines may need to be obtained with a private prescription from your Pharmacist.

**Useful travel information including food and water hygiene, care in the sun and bite avoidance is all available at [www.fitfortravel.scot.nhs.uk](http://www.fitfortravel.scot.nhs.uk)**